

MUSCATEL'S IMPLEMENTATION PLAN

WELLNESS COMPONENT: Physical Activity				
Policy Element: Each SWC will be responsible for developing at least one Wildly Important Goal (WIG) related to physical activity.				
What will this look like?: Students will increase their cardio laps by 1 every quarter.				
Funding (e.g., LCAP/ESSA/Other): N/A				
PRIORITY	ACTIVITIES/STEPS: What needs to be done?	By When?	STATUS	RESPONSIBLE PARTY: Person(s)/Workgroup
<input type="checkbox"/> High <input checked="" type="checkbox"/> Medium <input type="checkbox"/> Low	All students participate in physical education each week to increase cardiovascular and strength performance.	On-going	<input type="checkbox"/> COMPLETED <input checked="" type="checkbox"/> IN PROGRESS	Name(s): Lianne Kern James Zimmerman Ross Carson Workgroup: PE Teachers
	Students are required to run laps at least one time per week and track their progress.	On-going	<input type="checkbox"/> COMPLETED <input checked="" type="checkbox"/> IN PROGRESS	
			<input type="checkbox"/> COMPLETED <input type="checkbox"/> IN PROGRESS	
<input type="checkbox"/> Already in place districtwide <input checked="" type="checkbox"/> In Progress <input type="checkbox"/> Not Begun			<input type="checkbox"/> COMPLETED <input type="checkbox"/> IN PROGRESS	To whom will results and/or updates be reported? Director, Nutr Srv & Wellness
	How will this be monitored?		How often will monitoring take place? (e.g., weekly, monthly, annually)	
	Students track their weekly laps in a progress log.		Quarterly	
COMMENTS (Include here any indispensable financial, equipment or other resources):				